

5 WEEK ROTATION TEMPLATE SCHOOL LUNCH MENU

SEPTEMBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday
2 NO SCHOOL	3 Aina Spaghetti Fresh Green Salad w/dressing Cantaloupe WWBread	4 Turkey Ulu Burger on WW Bun Lettuce/Tomato Orange Wedges Edamame	5 Pork Hekka Steamed Rice Watermelon Whole Wheat bread	6 Beef Stew Steamed Rice Fruit Whole Wheat Bread
9 Beef Luau Steam Rice Cantaloupe Whole Wheat Bread	10 Chicken Long Rice Steam Rice Uala Orange Wedges Whole Wheat bread	11 'Aina Penne Chicken Salad w/dressing Watermelon WW bread	12 'Aina Fish Burger Lettuce/Tomato Fruit Medley Edamame	13 Pork w/Green Beans Steamed Rice Pineapple Slices Whole wheat Bread
16 Pork Tofu Long Rice Steamed Rice Broccoli Orange Wedges Bread	17 'Aina Curry Stew Steam Rice Watermelon Whole Wheat Bread	18 Chicken Lau Lau Lomi Tomato Poi Fruit Medley Whole Wheat Bread	19 Aina Nacho Salad Lettuce/Tomato/Cheese Pineapple Edamame	20 Ham Sandwich Aina Corn Chowder Cantaloupe
23 Roast Chicken Salad Sandwich Lettuce and Tomato Watermelon Edamame Milk	24 Kalua Pig with Cabbage Steamed Rice Fruit Medley Whole Wheat Bread Milk	25 Beef Tomato Steamed Rice Pineapple Whole Wheat Bread Milk	26 Chicken Choy Sum Steamed Rice Cantaloupe Whole Wheat Bread Milk	27 Aina Chili Steamed Rice Fresh Green Salad w/dressing Orange Wedges WW Bread
30 Turkey Patty w/Brown Gravy Mashed Potato Corn Fruit Medley Whole Wheat Bread Milk				

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MENU SUBJECT TO CHANGE
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER