



KOLONAHE O KŪ MĀNA

‘Ōlelo Corner: *Ho'ohuli*

Ho'ohuli means to flip, turn, or reverse something. "Ua ho'ohuli hewa ke aupuni o Hawai'i," refers to the illegal overthrow of the Hawaiian government or kingdom. A related 'ōlelo no'eau reads: "E ho'ohuli ka lima i lalo." The palms of the hands should be turned down, as when doing work. -Kumu Kaleilehua

Iced 'Ōlena Honey Chai Latte Recipe



For the tea base: 3 cups boiling water, 2 black chai tea bags, 1 tsp ground turmeric or fresh raw honey (about 3 tbsps), 1/8 tsp sea salt.

For the milk: 2 cups homemade cashew milk or 2 cups almond vanilla milk. Blend in a high-powered blender.

Instructions: Add boiling water and black chai tea bags to a glass container. Soak for a minimum of 15-20 minutes. (Taste is stronger and better if you let it sit longer.) Remove tea bags and while tea is warm, whisk in turmeric, honey, and sea salt. Let cool completely or preferably refrigerate overnight. Pour into cups, add ice cubes (if you want) and enjoy! -Ka'i'ini Paul

The Road to Sovereignty: 125 years after the Overthrow

Photos: Kalama and Kamalu Abad



“Ua hui pū ‘ia ka lāhui e kū‘ē i ka ho’okuapa‘a ‘ana no 125 mau makahiki.”

(The lāhui was united to stand against 125 years of oppression.) -Mapuana Hardy-Kahaleoumi



“It was an honor to walk for Queen Lili'uokalani, with everyone coming together.” -Tehani Palehua Kaolelopono



“It was amazing to see all the different generations from kūpuna to kamali'i.” -Lihau Reyes-Duffey

Papa Ahupua'a Huaka'i



At Loko Ea fishpond in Hale'iwa, in the ahupua'a of Kawaioloa, we learned that predators like this 4-foot long kaku (barracuda) that was caught recently, can ruin the food chain by eating native fish such as the 'ama'ama (mullet), awa (milkfish), and moi (threadfish).
-Kalei Andrade-Brown

Ko Kula Uka Huaka'i



As part of our year's driving question, our class went on a hike at Pūpūkea in order to strengthen our relationship to the 'āina. We saw the first-hand effects of erosion, and developed a more spatial concept of our island. We encountered native plants such as maile, 'ōhi'a lehua, and koa.
-Ella Matsuzaki

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"I can't believe our queen could put up with this and didn't give up. It was worth marching for." -Kalei Andrade-Brown

"Dancing for Queen Lili'uokalani was special." -Ka'omea Kincaid

"I was so glad that I practiced all the 'oli, and was ready on that day."
-Keolino Mattson

"Kau nui ka mana'o. He manawa kūpono kēia i ka hui pū 'ia ana mai o ka lehulehu, a like kā kākou i'ini e mau ka pono no ke aupuni Hawai'i."

(It was a time of true reflection. I had the opportunity to march alongside thousands of people, all of whom had the same underlying desire—justice for the kingdom of Hawai'i.) -Paisley Richards



"Ua piha ko'u nā'au i ka hō'ihi a me ka ha'aheo. Maopopo i a'u, ke hāpai nei au i ka 'ike a ke kūpuna."

(I felt a feeling of reverence, pride, and kuleana knowing I'm carrying on a precedent from my kupuna.) -Anela Howard

"Ua luhi au akā na'e, ua ho'āmana i a'u e ka Lāhui Hawai'i."

(I felt tired but empowered by the mana from the kanaka of the lāhui.)
-Mana Mahi'ai

"It was heart-warming to see our Hawaiian flag raised above 'Iolani Palace as we entered." -Keaolani Hū'e'u

"Pōmaika'i!"
(Blessed!) -Kekai Mahi'ai

